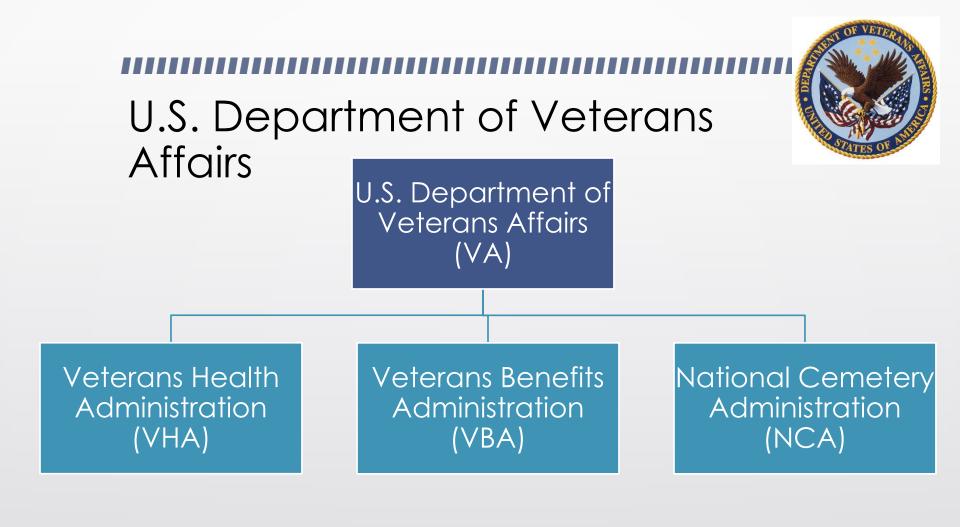
Phoenix VA Health Care System





Veterans Benefits Administration VA Regional Office

www.benefits.va.gov

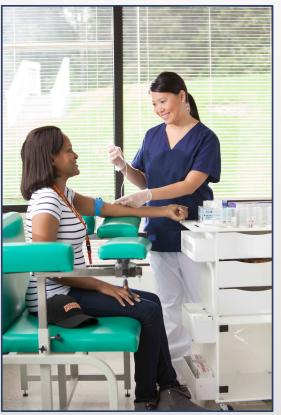
1-800-827-1000

www.ebenefits.va.gov – Access VA and DoD Benefits 24/7

- **Disability Compensation** instructions for filing eClaim, tracking claims, arranging C&P exams, etc.
- Summary of VA Benefits, including VA Home Loan Guaranty Benefits, Education Benefits, Life Insurance, Vocational Rehabilitation and Employment Benefits

FOR BENEFITS INFORMATION: Representative from VA Regional Office will be on site in Amethyst Clinic on the 2nd and 4th Thursday of each month; no appointment required – walk-ins welcome!

VA Healthcare



- VA operates the largest health care system in the country, with over 1,400 medical centers and clinics across the nation
- VA health care is portable, so your coverage stays with you if you move or relocate
- Since your medical records are electronic, they are accessible at any VA facility and online
- Once you become enrolled, you remain enrolled and you can receive VA's

comprehensive medical benefit package

<u>To schedule an appointment, please call</u> <u>602-222-6550- primary care</u> <u>602-222-2752- mental health</u> How to enroll for healthcare at VA

- <u>www.va.gov</u>
- **By telephone**: 1-877-222-VETS (8387), Mon-Fri between 0800 and 2000, EST.
- In Person: Enrollment and Eligibility
 - Carl T. Hayden, Northwest VA Clinic, Southeast VA Clinic
- By Mail: Complete 10-10EZ and mail to
 - Health Eligibility Center
 2957 Clairmont Road, Suite 200
 Atlanta, GA 30329-1647

Eligibility

- Active military service, separated under any condition other than dishonorable, may qualify for VA health care benefits.
- Current and former members of the Reserves or National Guard who were called to active duty by a <u>federal order</u> and <u>completed</u>
 <u>the full period</u> for which they were called or ordered to active duty may be eligible for VA health benefits
- OTH discharges may be eligible for **emergency** mental health services for 90 days if care is initial sought through ER
- Since there are a number of exceptions to the minimum duty requirements, VA encourages all Veterans to apply so that we may determine their enrollment eligibility.

Community Based Outpatient Clinics (CBOC)

- Southwest CBOC- 9250 W. Thomas Rd. Suite 400
- Midtown- 5040 N. 15th Ave
- Southeast CBOC- 3285 S. Val Vista Dr.
- Northeast CBOC-11390 E. Via Linda Rd. Suite 105
- Northwest CBOC- 13985 W. Grand Ave. Suite 101
- Thunderbird CBOC- 9424 N. 25th Ave.
- Showlow- 5171 Cub Lake Rd. Suite C380
- Globe- 5860 S. Hospital Dr. Suite 111

Mental Health Services

- All community based outpatient clinics offer mental health services
- Main Phoenix Campus services are available through Jade Opal
 - Monday-Friday 8:00-3:30pm
 - To be seen urgently for current symptoms or medication adjustments, walk-in is available during these hours
 - Outside of these hours, mental health services are available through Emergency Department (24/7)
- If in crisis:
 - 911
 - 1-800-273-8255 press 1
 - 602-222-9444

Substance Use Disorder Clinic

- Building 31
- Walk-in screening assessments available Monday-Friday 1:00-3:00 pm
 - Additionally available by appointment ext. 7640
- Intensive outpatient program (9 hours/week)
- Justice involved outpatient (9 hours/week)
- Outpatient (determined based on needs)
- Seeking safety (PTSD and substance abuse outpatient)
- Inpatient treatment available

Community Resource and Referral Center (CRRC) Health Care for Homeless Veterans Program (HCHV)

- Homeless program eligibility (contract housing, sober housing, long-term housing)
- Clinical screenings
- Benefits eligibility
- Immediate shelter
- Access to medical, mental health, and substance abuse care, peer support services
- Collaboration with community partners (probation, financial coaching, AHCCS/SNAP, employment, community bridges)

Other available specialty programs

- VA Supportive Housing (HUD-VASH)
- Compensated Work Therapy (CWT)/Supported Employment
- Women Veterans Health Care Program
- Military Sexual Trauma Services
- Transition and Care Management Program (TCM)/(OEF/OIF/OND)
- Psychosocial Rehabilitation & Recovery Center (PRRC)
- Veterans Justice Outreach (VJO)
- Mental Health Intensive Case Management (MHICM)
- Primary Care- Mental Health Integration (PCMHI)
- PTSD Clinical Team (PCT)
- Recreation Therapy (RT)
- Caregiver Support Program

Dental

•Cost free one time treatment of dental conditions for recently separated veterans who:

- ✓ served for 90 days or more,
- ✓ apply within 180 days of separation, and
- DD214 does not indicate necessary dental care was provided within 90 days of release or discharge

Dental Cont.

- Service-connected dental disability or condition
- Former POW
- Service- connected disabilities rated 100% or unemployable and paid at the 100%
- Actively engaged in a 38 USC Ch. 31 Vocational Rehab Prog

Transition and Care Management Program (Post Deployment Clinic)

- Transitional case management formal process in which Veteran and assigned Case Manager work towards specific and identified goals which may include service linkage, care coordination and resource referral
- Mental Health services with a focus on post deployment and transitional/readjustment related concerns which may include groups, individual therapy, marriage and family therapy and medication evaluation/management



5 year combat Veteran status

- If you have served on active duty in a theater of combat operations after 11 November 1998 and d/c under other than dishonorable conditions
- And discharged from active duty on or after 28 January 2003
- You qualify for enhanced eligibility
- For 5 years after your last active duty day, anything that can be related to your military service is covered by the VA

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Seven Principles *for* Making Marriage Work

- Offered at the Phoenix VA Medical Center
- Currently offered through VVC
- 8 week psycho-educational workshop

The Seven Principles of Making Marriage Work





- Refill your VA prescriptions online
- Get VA Wellness Reminders
- When available, participate in Secure Messaging with your health care team
- \dots all available 24/7, wherever there is Internet access.
- www.myhealth.va.gov
- Register in person to access all services in Room 1109

- Download My
- **<u>Patscription**</u>
- Referency
- Gentaets &
- **Asicians**







Veterans



Contact Information 1-800-905-4675 (Eastern) 1-866-496-8838 (Pacific) www.vetcenter.va.gov

Vet Center

The Vet Center offers...

Vet Center Services

- A safe and protected place to talk
- Confidentiality
- Flexible hours
- Easily accessible
- Network is knowledgeable about the resources available
- Staff are >65% Combat Veterans
- All family members are welcome
- No cost

Individual/group counseling





- Helps you identify warning signs
- Provides suicide and crisis resources
- Text to 838255
- Confidential Veteran's chat www.veteranscrisisline.net



- 1-877-927-8387 (WAR-VETS)
- Around the clock confidential call center
- Combat Veterans and their families can talk about military or readjustment issues
- Staff is comprised of combat Veterans and family members of combat Veterans