What is My Health*e*Vet?



My Health*e*Vet is VA's Personal Health Record (PHR). Its web-based resources and tools offer you greater control over your care and wellness. Using My Health*e*Vet can empower you to make informed decisions and become an active partner in your health care.



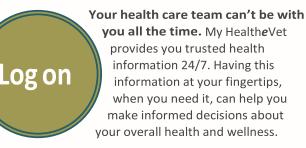
1. Use the VA Blue Button to print, save, or download your personal health information

- 2. If you are a Veteran who uses the VA health care system, you can access portions of your VA health records online, 24/7
- 3. Refill your VA prescription(s)
- 4. View your VA Appointments and VA lab results at your convenience
- 5. Use Secure Messaging to communicate nonurgent matters with your health care teams
- Access many more features, tools, and resources by going to My HealtheVet at www.myhealth.va.gov

Start here

Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA's My HealtheVet website.



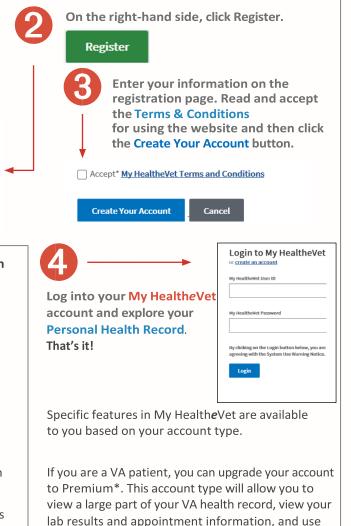


My HealtheVet offers a wealth of unique features such as:

- The ability to communicate, online, with your VA health care team through Secure Messaging
- The option to share your personal health information via the VA Blue Button
- The opportunity to read your health care teams' notes from appointments and hospital stays with VA Notes

PLUS... many other features available at your convenience!

Register at www.myhealth.va.gov and become an active partner in your health care



 * The in-person process requires showing us your government-issued photo ID. You can now identity proof via a video appointment.
Ask your local My HealtheVet Coordinator for more information: (520) 792-1450 ext 1-6889.

Secure Messaging.

0۲/۱۳۵ My Health, My Care: 24/7 ^VAccess to VA

Tools designed for you

Secure Messaging

Communicate non-urgent concerns or questions to your VA health care team.

VA Prescription Refills

Refill your VA medication(s) with just a few easy keystrokes and your medication(s) will be on their way to your mailing address.

VA Appointments

View, schedule, and manage your VA clinic appointments.

VA Notes

View a copy of your VA Notes recorded during a clinic visit or hospital stay. This information comes from your official VA health record.

VA Labs & Tests

View detailed results of your VA labs and tests. Medical Libraries

My HealtheVet provides two extensive, online medical libraries: MedlinePlus and the Veterans Health Library. Both can be accessed under the Research Health tab.

VA Blue Button

View, print, or download your personal health information with the VA Blue Button. Available via the Blue Button Medical Reports link on the home page.



My HealtheVet: www.myhealth.va.gov

> VA Main Website: www.va.gov

My Health**e**Vet Help Desk Toll-Free Telephone Number: (877) 327-0022





Your Local My HealtheVet Coordinator:

Paula Newsome-Williams, MA, BS (520) 792-1450 ext 1-6889 paula.newsome-williams@va.gov



Your VA Personal Health Record:

Take Control of Your Health and Wellness

